

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
9:00	9:00 / 50´	9:00 / 45´	9:00 / 50´	9:00 / 45´	9:00 / 50´	
	BIKE	BIKE V	BIKE	BIKE V	BIKE	
		09:30 50´		09:30 50´		
		PILATES		HITT/PLIO		
10:00	10:15/ 50´	10:30 /50	10:15 / 50´		10:00 /50	
	PUMP	ZUMBA	PUMP		ZUMBA	
	10:30 / 45	10:30 / 50´	10:30 / 45	10:30 / 50´	10:45 / 45	
	BIKE V	BIKE	BIKE V	BIKE	BIKE V	
12:00					11:00/ 50 BIKE	
					12:15 /45 BIKE V	
13:00	13:00/45´	13:00´/ 45	13:00/45´	13:00/45´	13:00/45´	RESTO Centro Deportivo
	BIKE V	BIKE V	BIKE V	BIKE V	BIKE V	
14:00		14:15 /45	14:30 / 50´			
		BIKE V	PUMP			
	14:30 / 45´		14:30 / 45´	14:30/45´	14:30 / 45´	
	BIKE V		BIKE V	BIKE V	BIKE V	
16:00	16:00 / 45´	16:30 / 45´	16:00 / 45´	16:30 / 45´	16:00 / 45´	
	BIKE V	BIKE V	BIKE V	BIKE V	BIKE V	
17:00						
18:00	18:00 / 50	18:00 / 50	18:15 /50	18:00 /50	18:00 /60"	
	BIKE	BIKE	BIKE	BIKE	YOGA	
	18:00 / 50"	18:00 / 50´	18:00 / 40´	18:00 / 50´		
	BAILE ACTIVO	PUMP	TOTAL BODY	PUMP		
19:00	19:15 /50´	19:00 /50´	19:15 / 50	19:15 /50´	19:00 / 50´	
	BIKE	BIKE	BIKE	BIKE	BIKE	
	19:05 / 50´	19:10 /50`	19:00 / 50´	19:00 /50´	19:15 / 45´	
	PUMP	TOTAL BODY	PILATES	BAILE ACTIVO	EXPRESS	
20:00	20:15/ 50´	20:05 /60	20;15 / 50´		20:10 /50´	
	COMBAT	"BOXEO	PUMP		COMBAT	
21:00	21:00 / 45´	21:00 / 45´	21:00 / 45´	21:00 / 45´	21:00 / 45´	
	BIKE V	BIKE V	BIKE V	BIKE V	BIKE V	

SE RESERVA EL DERECHO DE MODIFICAR O CANCELAR CLASES Y MONITORES. MIN 3PERS/CLASE .HITT'S BOX MAX 20PERS